

THE PROJECT

THE STEPHEN LEWIS FOUNDATION

In Nov. 2007, the Stephen Lewis Foundation began funding some of Panzi Hospital's urgent needs, including:



- psychosocial services for victims of sexual violence and the staff who support them
- HIV counselling, testing and treatment
- post-rape kits to reduce the likelihood of HIV infection immediately following an attack
- a safe blood screening centre and the equipment needed for blood testing and transfusions
- hot food for HIV/AIDS patients and outpatients
- school fees, uniforms and shoes for 400 children
- training for local leaders and caregivers to victims of sexual violence
- salaries for a number of nurses and project staff.

The Stephen Lewis Foundation is also supporting the construction of a 'City of Joy,' a transitional housing complex where more than 150 women survivors of rape and abuse will be trained to become leaders in their communities. For more information, visit www.stephenlewisfoundation.org.

Giving circles are an emerging trend in philanthropy. While individual giving circles quietly go about trying to improve the world, cumulatively, they are powerful. According to a 2006 study by the Forum of Regional Associations of Grantmakers, giving circles in the US donated \$13 million for community needs. It is estimated that, in all, giving circles have raised an estimated \$100 million since 2000.

THE BENEFITS

Why join the Free to Fly Giving Circle? It is:

- **Effective** ... Directing a large pool of money to a pressing need can have a greater impact than making small, individual donations.
- **Rewarding** ... It's highly satisfying to participate in improving the world in an impactful, innovative and insightful way.
- **Enriching** ... Members have opportunities for stimulating learning, real-world decision-making and meaningful discussion about global issues and needs.
- **Engaging** ... Participants are more knowledgeable, thoughtful, focused, strategic, and effective in their personal giving.
- **Community-building** ... Donors accomplish more, learn more, make better decisions, and have more fun when they give together.

Free to Fly Giving Circle ... time and money well spent. To join us, complete the enclosed form.



The Free to Fly Giving Circle operates under the umbrella of *fullstop*, a Kelowna-based, non-profit organization. All projects undertaken by the Free to Fly Giving Circle are compatible with the vision, mission and values of *fullstop*.

The vision of *fullstop* is a world without injustice against women and girls, a world where they are free to thrive. Our mission is:

- to raise awareness of injustice against women and girls in the world's poorest countries, and
- to raise funds to support organizations engaged in relieving or eradicating this injustice.

For more information contact:

250.575.5520 or info@fullstopnow.org
www.fullstopnow.org

LOOSE THE CHAINS OF INJUSTICE, UNTIE THE CORDS OF THE YOKE, SET THE OPPRESSED FREE



Free to Fly Giving Circle

Fighting sexual terrorism in the Democratic Republic of Congo through high impact philanthropy

THE HORROR

SEXUAL TERRORISM IN DRC

Fighting in the Democratic Republic of Congo (DRC) has claimed over 5 million lives since 1998 - the largest death toll in any conflict since WWII. Hundreds of thousands of women and girls have been brutally raped since the war began, often with tools and weapons, in what UN officials have called the worst sexual violence in the world. The violence is so obscene it has been described as sexual terrorism because it aims to humiliate women, destroy their families and intimidate their communities. In 2006, 27,000 reported cases of rape and sexual violence were registered in South Kivu province alone – a mere fraction of the total, since so many cases of sexual violence go unreported.



Source: <http://www.panzihospitalbukavu.org>

The Panzi Hospital in Bukavu, South Kivu provides free care and treatment to thousands of women with severe internal injuries and obstetric complications from rape and other sexual violence. Each year more than 3,500 women undergo surgery to reconstruct their bodies at Panzi,

where they receive medical care, accommodation, food and support. Each week, the hospital's mobile clinic visits outlying areas and brings more women to the hospital. All the women who come through Panzi's doors meet with a social worker and psychologist, but the sheer volume of traumatized women makes it impossible for Panzi to address the vast psychosocial needs of the women and girls who have been raped.

THE WEAPON

GIVING TO CHANGE THE WORLD

Most people give to charity in dribbles ... small amounts to many different organizations. Because their individual donations are small, these people don't experience the satisfaction of knowing their giving has had a significant impact. They feel no real connection with a specific aid project or organization.

Imagine donating \$60,000 to a non-profit organization devoted to helping people. This amount could truly make a difference in the lives of people in crisis. This level of giving, though, is beyond most people's capabilities.

Now imagine 100 people who have each committed to give \$600 per year into a pooled fund. At the end of the year, they are able to make a whopping \$60,000 donation to a single project they've all agreed to support. Now that's giving with impact, giving that makes a difference, giving that can change the world. That's what giving circles can do.

CONSIDER...

Does giving \$600 annually sound impossible? It works out to only \$50 per month.

- If you stop at Starbucks on your way to work each morning, you're spending at least \$50 on coffee per month.
- If you go out for lunch twice per week, you're spending at least \$100 per month.
- If you go out for dinner twice per month, that costs about \$50. Add wine and it doubles.

Diverting \$50 per month to a giving circle is easy for most people. You won't even miss it!

THE CIRCLE

THE FREE TO FLY GIVING CIRCLE



A giving circle is a group of people who combine their charitable donations into a shared fund and decide collectively where to donate it.

Joining the Free to Fly Giving Circle gives you the opportunity to:

- contribute to the collective fund. The 2009 minimum contribution is \$600 per person (\$1200 per couple).*
- help choose the donation recipient each year (1 vote per member). To jump-start the Free to Fly Giving Circle in 2009, the founders have pre-selected the Stephen Lewis Foundation's project to help survivors of sexual violence in the Democratic Republic of Congo (see over).
- help decide the amount of the annual financial commitment.
- attend learning, discussion, planning and social events (approximately four events per year).
- participate in additional fundraising activities for the selected giving project, if desired.

GIVING CIRCLES ARE FOR PEOPLE WHO WANT TO GET SERIOUS ABOUT GIVING GENEROUSLY TO HELP OTHERS

*Donations are made payable to the recipient organization which will issue charitable donation receipts for tax purposes.